

HOW TO MEASURE CORRECTLY?

## **BODY LENGTH**

Measure from the sole to the top of your head.

## CHEST

Measure all around where the chest circumference is widest.

# WAIST

Measure all around where the waist circumference is smallest

#### HIDS

Measure all around where the hips circumference is widest.

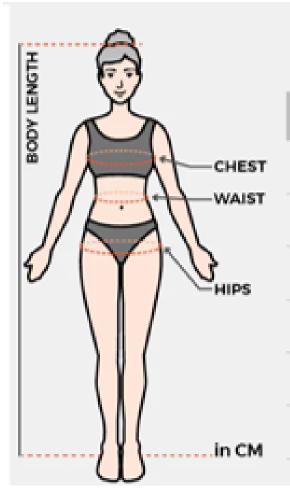
## CALF

Measure all around where the calf circumference is widest.

# **FEET**

Measure from the tip of the toes to the back of your heels.

Sizes are measured in centimeters



# **LADIES**

Size	Chest	Waist	Hips	Body length
xs	78-83	63-68	83-88	165 - 175
s	84-89	69 - 74	89-94	165 - 175
м	90-95	75-80	95-100	165-175
L	96-101	81-86	101-106	165-175
XL	102 - 107	87-92	107-112	165 - 175
2XL	108-113	93-98	113-118	165-175
How to measure correctly? See instructions above.				