

HOW TO MEASURE CORRECTLY?

# **BODY LENGTH**

Measure from the sole to the top of your head.

# CHEST

Measure all around where the chest circumference is widest.

# WAIST

Measure all around where the waist circumference is smallest

#### HIDS

Measure all around where the hips circumference is widest.

# CALF

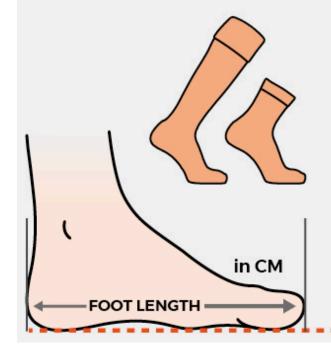
Measure all around where the calf circumference is widest.

### FEET

Measure from the tip of the toes to the back of your heels.

Sizes are measured in centimeters

# SOCKS



Length	UK	EU	US
≥15,9	8-11	25-29	9-12
≥18,4	11,5 - 3	30-35	12,5 - 4
≥22,9	3,5 - 6,5	36-40	4 - 7,5
≥26	7-9,5	41 - 44	8-10,5
≥29	10 - 12,5	45-48	11 - 13,5